



Havertown United Methodist Church
200 Brookline Blvd.
Havertown, Pa 19083

January Messenger



LEADERSHIP AND STAFF OF HAVERTOWN UMC.

Pastor: Rev. Jacqueline Tilford cell 410-963-1721 parsonage 610-789-2328

Pastor of Family/Outreach Ministries: Brenda Del Rosario cell 215-688-8778

Director of Music: Yukiko (Yuki) Ishida, DMA

2nd & 4th Sunday Organist/Pianist: Lilah Knox

Treasurer: James McDonough

Parish Nurse: Deaconess Barbara Drake

Administrative Assistant: Donna Flanagan office 610-789-1700

Custodian: Miriam Gallagher

Hope Food Bank: Sally Kiner

Trustees: HavertownUMCTrustees@gmail.com



Pastor's message

January 20th is Martin Luther King Day

James Weldon Johnson (1871-1938) was a principal of a segregated school in Florida. He wrote a poem entitled "Lift Every Voice and Sing" during the Jim Crow era. As a writer and civil rights activist he wrote the poem in commemoration of President Abraham Lincoln's birthday. His brother J. Rosamond Johnson (1873-1954) set the poem to music. It became the anthem for the NAACP.

Every time the song is sung, I am moved by how beautifully inspiring it is, especially because the hope it celebrates speaks, as Martin Luther King espoused, is a hope that every nationality has longed and fought for at one point or another.

Lift every voice and sing,
Till earth and heaven ring,
Ring with the harmonies of Liberty;
Let our rejoicing rise
High as the list'ning skies,
Let it resound loud as the rolling sea.
Sing a song full of the faith that the dark past has taught us,
Sing a song full of the hope that the present has brought us;
Facing the rising sun of our new day begun,
Let us march on till victory is won.

Stony the road we trod,
Bitter the chast'ning rod,
Felt in the days when hope unborn had died;
Yet with a steady beat,
Have not our weary feet
Come to the place for which our fathers sighed?
We have come over a way that with tears has been watered.
We have come, treading our path through the blood of the slaughtered,
Out from the gloomy past,
Till now we stand at last
Where the white gleam of our bright star is cast.

God of our weary years,
God of our silent tears,
Thou who hast brought us thus far on the way;
Thou who hast by Thy might,
Led us into the light,
Keep us forever in the path, we pray.

Lest our feet stray from the places, our God, where we met Thee,
Lest our hearts, drunk with the wine of the world, we forget Thee;
Shadowed beneath Thy hand, may we forever stand, true to our God, true to our native land.

In God's Love,
Pastor Jacqueline

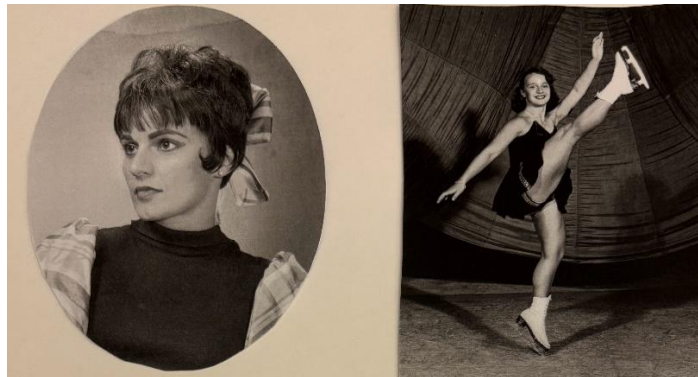
Good Grief!!

On January 26th the message will be presented in a sermonic duet entitled "Good Grief" by George Salloom and Tony Tilford. Loss affects all of us. This message will bring perspectives that provide comfort and assurance for whatever changes we face ahead.

George is a graduate of Howard University Graduate School of Social Work and a retired healthcare social worker and administrator. He has worked in hospitals, hospice, and long-term care facilities. He is currently Clerk of Old Haverford Quaker Meeting in Havertown and a member of the Havertown Ministerium. George is a Mainline Health Hospice volunteer and also facilitates regular grief support groups for adults who are mourning the loss of a loved one.

Pastor Tony Tilford is a graduate of Eastern Seminary (now Palmer) with an emphasis on Marriage and Family counseling in the Family Systems approach. He is a retired pastor and chaplain, having served in numerous churches, as well as with hospice, and at psychiatric hospitals. He is a Co-Founder of a non-profit organization, The Hope and Help Network, through which he has co-authored a manual on healthy grieving, which he has used with individuals and groups. He likes to say: "Grief is inevitable, but despair is not."

Who is this?



If you guessed Sandy Loflin, you are correct. Sandy has been an award winning skater for many years. She served as the skating director for the Skatium for 32 years, and was heavily involved in the community.

We celebrate Sandy's excellence of skill and integrity in all her endeavors.

From Pastor Brenda...

YOUTH NEWS

There is something refreshing about the month of January, specifically the date of Jan. 1. The New Year is like a built-in do-over that we get to enjoy annually. It's also a fitting analogy for the spiritual life in that one of God's favorite things to do is make things new.

The new creation has come...Jesus told Nicodemus in John 3 that belief in Him is so transforming that it is best described as being born again. Our entire existence gets a fresh start. Take two minutes (set a timer) to think about nothing but the idea of being a new creation.

Use the first month of the year to build momentum on the truth that you are a new creation. Put whatever you created in the previous exercise (in celebration that the new is here!) in a prominent place of your daily routine so you constantly are reminded that you are a new creation. **HAPPY NEW YEAR!** -PB-



Let's Give our Youth a Huge Shout Out!



Amelia Wojnovich.

Let's give her a huge shout out
for volunteering during the
Children's Christmas Party.

Kiera Flemming – Performed in the Haverford Dance Center Production of the Nutcracker.

Julia Flanagan – was inducted into Haverford High School chapter of the National Honor Society.

Eva Kowalski- performed in the Plymouth Performing Arts Center production of Revolution



"Did You Find Jesus, Yet?"



Edith McDonough
"Jesus means to me, world peace and hope."



Carolyn Wiker
"Jesus is a reminder what a friend we have."



Brianna Flanagan
"Jesus is HOPE!"



Emily White
"Jesus is the greatest gift there ever was."



Pat Cutillo
"I have always felt Jesus's presence when I needed comfort."



Pat Cutillo with Luca & Calia
"Jesus is like family."



Worship Services

January 5- EPIPHANY SUNDAY/Communion

9:30 am Adult Sunday School

9:45 am Children and Youth Sunday School

11:00 am Worship Isaiah 60:1-6 "Twelve Days of Christmas"

January 12 – Baptism of the Lord

9:30 am Adult Sunday School

9:45 am Children and Youth Sunday School

11:00 am Worship Luke 3:15-17, 21-22 "Holy, Holy, Holy"

January 19 – Second Sunday after Epiphany/ After Church Fellowship

9:30 am Adult Sunday School

9:45 am Children and Youth Sunday School

11:00 am Worship John 2:1-11 "The Wedding at Cana"

January 26 – Third Sunday after Epiphany

9:30 am Adult Sunday School

9:45 am Children and Youth Sunday School

11:00 am Worship "Good Grief"

by George Salloom and Tony Tilford

IN OUR *Thoughts and Prayers*

Beth Cavna	Don Consul	Brenda Del Rosario	Pat Evans
Bob Flanagan	Carol Grafton	Stacy Kusko	Keith Loflin
Tanya Long	John & Sue Makara	Dave Martin	Barbara Murphy
Linda McAlpin	Geraldine Oake	Judy Rejent	Fred Shappell
The Family of Lyn Medica			

Yuki Traveling to Japan

On Sunday December 29th, our music director Yukiko Ishida is heading to Japan for several months. We so appreciate the excellent musical talent and direction that she has brought us and look forward to her return in a few months. In her absence, the music will be directed by musicians Ann Eves, Barb Drake, and of course our illustrious Havertown UMC choir!



Happy Birthday!

Happy Birthday to those with a Birthday in January!

Lisa Kowalski	01/06
Tommy McDonough	01/10
Lindsay Riddell	01/11
Donna Flanagan	01/14
Kate Fleming	01/14
Cindy Mariani	01/17
Dan LaDue	01/19
Joyce Kowalski	01/23
Laura Reisch	01/23
Amanda Osborne	01/24
Todd Schmitt	01/27
Karen Danley	01/28
Lynne Rudisill	01/28
Marge Kelleher	01/30

If we've missed your birthday or it is not the correct date, please call or email the church office. Birthday Blessings to you all.



HOPE FOOD BANK, from Coordinator Sally Kiner:

Hi friends!

On Sundays, congregation members may leave donations by the door in Fellowship Hall that goes to the side ramp. These donations must be small, easily manageable, and packed in sturdy bags to be transported to Hope. **PLEASE DO NOT LEAVE LARGE BOXES, CASES, OR OVERFLOWING TORN BAGS OF FOOD BY THE DOOR.** You must deliver items such as these directly to the food bank at Hope at the designated times. While we are thankful to receive these needed items, the reality is that our volunteer team is not able to transport these large, heavy, awkward donations for you. Please consider this request when packing items to donate to the food bank.

Our WISH LIST continues to target these items:

canned fruit
peanut butter
jelly (no glass jars)
mac and cheese
canned meat (chicken preferred, but tuna is okay)
hearty soup (such as Progresso or Chunky)
beef stew
hygiene items (toothpaste, tooth brushes, deodorant, shampoo, etc.)
feminine pads and tampons
adult pull-ups (L, XL, and XXL)

*Generic brands are A-OK with us.

*Please donate regular sized items. Try to avoid extra large or family sized items.

*We are well stocked on diapers right now.

*As always, we will accept any in-date food and hygiene items you wish to donate.

*Monetary donations are always appreciated.

If you have any questions, please do not hesitate to contact me, as I will gladly assist you.

Thank you for helping us support folks in food-compromised situations. YOU are the blessing that enables us to provide our clients with the help they need.

Sally Kiner, Director
Hope Food Bank



Christmas Celebration

Twenty ladies gathered on Dec. 10 for our Christmas luncheon prepared by the Creative Women. The event featured good food, fellowship, and fun with a game, craft, and singing.

Zoom Gathering on Jan. 27

All women are invited to our 4th Monday evening gathering via zoom at 7:30 pm. We'll be planning our events for the new year and sharing thoughts about new ways to be in mission together in 2025.

Financial Giving in 2024

We gave \$3000 to United Women in Faith Mission Giving to help support 6 regional missionaries, 86 National Mission Institutions, scholarships for women, response magazine, and mission programs around the world helping women, children, and youth. We also gave \$100 toward Ingathering grants to local groups serving those in need, \$100 to United Methodist Neighborhood Services, \$100 for food that we packed in lunch bags for the homeless served at Arch St. UMC. Finally, \$700 was sent to Making a Change Group to send 7 children from Chester to summer day camp using the money raised by Cassie Popky at the flea market at Hope campus. Thanks to all who supported our flea markets, bake sales, and strawberry festival to make this giving possible.

Special Mission Recognition

Bev Schmitt was given a Special Mission Recognition pin to recognize and thank her for organizing all our flea markets for many years.

Officers for 2025

President: Barbara Drake; Vice President: Bev Schmitt; Treasurer: Joyce Kowalski; Ingathering Chairperson: Lynne Rudisill.

Book Club

In 2025, we are starting a book club using the reading program recommended books. Michelle Obama's 2022 book, "The Light We Carry: Overcoming in Uncertain Times" is the first book. A copy has been purchased and will be passed around, or you might find it at the library. We'll have a discussion about the book after we've read it. All are welcome to join the club.



Advent By Candlelight

Thanks to Yuki and friends for the beautiful music at the Sunday afternoon program on Dec. 15 that raised almost \$1500 for the St. Joseph Family Hope Center to help homeless families with children. In the 17 years our church has been helping IHN/Family Promise/ and now the Family Hope Center, 240 families with close to 500 children have been helped.

Cookies for Food Bank Families

At our Advent Family Lunch on Dec. 1, we packed 56 buckets of cookies and candies for the families served by the Hope Food Bank.

Christmas Gifts for Children

The toys, gift cards, and handmade hats and scarves for children in the various programs of Methodist Services (Methodist Home for Children), which were gathered at the Advent Family lunch, filled the trunk, back seat, and passenger seat of Barb Drake's car when she delivered them to the very appreciative staff. The social workers were ready to select and wrap the gifts for the children they are working with in day care, foster care, and transitional housing.

Methodist Hospital Women's Association Christmas Bazaar

Thanks to Joyce Kowalski, Bev Schmitt, and Lynne Rudisill who helped Barb Drake run the baked goods table at the Christmas bazaar which raised \$340 for the Women's Association to give to the Methodist Hospital Foundation for its annual project to improve the hospital's services to the people of South Philadelphia. The 2024 project was the establishment of a wound care center with hyperbaric chamber oxygenation of wounds to speed healing.

News from Our Missionaries

Mutwale and Kabaka shared the news that the United Methodist Church of Tanzania opened 4 new churches in 2024 and dedicated a new church building where 12 new pastors were ordained. New members are joining the churches, which are encouraging young people to stay in school by paying part of their school fees. They recently sent 5 students to African University, a UM-related institution in Zimbabwe. Havertown UMC supported this work with \$1000 this year. About 1/3 of Tanzanians are Christians, while 1/3 are Muslims, and the rest practice indigenous religions or the Hindu and Buddhist religions of the Asians living in Tanzania.



Church Flowers

Over the years, with the cost of fresh flowers steadily increasing, the church decided to use beautiful artificial flower bouquets arranged by Mary Hankins on the altar. The money donated with the dedication of the altar each Sunday now helps to meet church expenses for things like Advent candles, the oil for the altar candles, and our church offering envelopes.



Blue Christmas

The tradition of gathering together on the darkest night of the year to observe the meaning of Christmas for those experiencing sadness due to losses in their lives was shared by the 3 churches of our mission link, this year at St. Luke's UMC in Bryn Mawr, on Dec. 19 with supper and a lovely worship service focused on healing sadness. Our prayers were for the lonely and downtrodden, those wrestling with depression or dealing with stress, as well as the grief-stricken. Everyone was invited to light a candle to remember those we have loved.

Five Ways to Make Healthy Living a Priority in 2025

1. Eat 5 vegetables and fruits daily, of as many colors as possible.
2. Walk 5 times a day for at least 5 minutes each time.
3. Read a good book for at least 5 minutes each morning and evening.
4. Pray daily for 5 people or 5 areas of concern.
5. Talk to 5 people each day via phone, zoom, or in person.

January

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <i>Happy New Year</i>	2	3 2pm Bible Study Zoom with Ann Eves	4 9:30-10:45am Overeaters Anonymous - Lounge
5 Epiphany/ Communion	6	7	8	9	10 2pm Bible Study Zoom with Ann Eves	11 9:30-10:45am Overeaters Anonymous - Lounge 10-11:30am Food collection At Hope Food Bank
12 Baptism of the Lord	13	14 7 pm Trustee Meeting MYF room	15	16	17 2pm Bible Study Zoom with Ann Eves 7pm Family Game Night Fellowship hall	18 9:30-10:45am Overeaters Anonymous - Lounge 10-11:30am Food collection 12-1:30pm Food distribution At Hope Food Bank
19 2 nd Sunday after Epiphany/ After Church Fellowship	20 7:30pm Leadership Team Meeting ZOOM	21	22	23	24 2pm Bible Study Zoom with Ann Eves	25 9:30-10:45am Overeaters Anonymous - Lounge
26 3 rd Sunday after Epiphany	27 7:30pm Women in Faith Zoom	28	29	30	31 2pm Bible Study Zoom with Ann Eves	